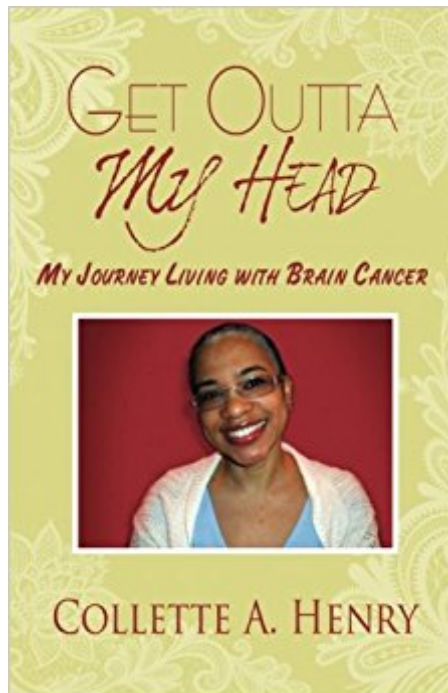




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Get Outta My Head: My Journey Living With Brain Cancer



Synopsis

This book tells the story of Collette Henry, a woman who in the midst of enjoying life is suddenly struck by a seizure that reveals a brain tumor, and then is subsequently diagnosed with brain cancer. Collette shares with her readers the impact such a diagnosis has upon her life, as well as the trials and adjustments she has to endure as a result of the tumor. In this book, you won't find the author displaying self-pity, but instead, you will find a vibrant fighter with an amazingly positive outlook on life. The author realizes that cancer is a serious issue, but she does not let it define her life or let it decide how she will live. Collette tells the story of how her traumatic experience started, and how she is coping with it today. Her story is best defined in the words of an unknown author which states, "At any given moment, you have the power to say 'this is NOT how the story is going to end.'"

Book Information

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Customer Reviews

Collette A. Henry wrote this book to share with the readers the significant parts of her life. Her desire is to reveal the milestones of an integral part of her life, such as dealing with a brain tumor, brain cancer, seizures and her psychiatric disorder. The author wants to talk about the fact that cancer can hit anyone at any given time, and the things that you can do to help reduce the chance of getting cancer. Collette also desires to address the other facets of her life, such as her college days, her friendships, her career, and her athletic life. This is Ms. Henry's first published book in the lines of hopefully many more to come.

From the outset, I will readily acknowledge that I may be biased for the simple reason that I am a

close friend of the author and I contributed the foreword to the book. Even in light of that I hope you will take the time to read what I have to say about this work and it's author Miss Collette A. Henry. All that I can add to what I have written already is that even though this book chronicles a segment in the life of someone with cancer it is far more than a story about cancer. It is a tale about humanity and life, how life is not constant, it is always in motion and in flux. It is about how a person can be in their prime and some unforeseen event strikes and totally disrupts things. For some this is the end of the story for they will succumb to adversity and lose hope. However, this is not the fate of all, there are those that will embrace the fact that things have changed and there is nothing left to do but charge ahead and face the monster-like obstacle head on. Collette's story demonstrates the tenacity of the human spirit and the potential each and every one has within them. Whether someone is facing cancer or some other physical or mental impairment this book will inspire him or her to never give up and fight. As I mentioned in the beginning I may be somewhat partial but the only way to see if I am right is to pick this book up and read it for yourself.

What would you do when the unexpected happens? *Get Outta My Head* is Collette Henry's account of just that. We are all living life not knowing what is around the corner. We hope for the best from the unknown. But life throws curves and we have to deal with them or crumble. Ms. Henry shows how she dealt with the curve life threw at her and knocked it out of the park. If you are looking to be inspired and empowered, I invite you to make this book a part of your strength building. It will give you hope in the moments you are hopeless and strength in the moments you are weak.

This book is so important for those who have been diagnosed with and/or know anyone whom has brain cancer (or any forms of cancer). The book flows well and keeps the reader intently engaged. Highly motivational/inspirational to hear some of the horrific tales that the author had to endure, and yet she prevailed through all! A must read!!!

Collette's story is different from any book I've ever read. Reading her book felt so real, like traveling inside her mind and riding a roller coaster with her, feeling her joy on good days and her pain on days that weren't so good. She reaches right into your heart, explaining how strong one can be when fighting brain cancer. Her determination and strength is evidence of her will to live. Her positive outlook for life is extraordinary as well as her strength for not giving up hope. Her book is inspiring and motivating to everyone that reads this book. -Mabel

A deeply moving season in the author's personal life as she fought to maintain sanity through it.

Collette, you have done an exceptional job at capturing and holding my attention and I love how I felt like I've literally taken this whole, entire journey with you. Loved the attention to detail given when speaking about specific experiences; great educational writing as well. I learned a lot about brain cancer/seizures that I never knew and the content was so well explained, yet easy and fun to read. Nice job, Collette. Wishing you all the best... Joie Holt, San Antonio, TX

1. I first gave this rating because I think this was very brave of Collette to tell her story. 2. I love the way she looked at this cancer as something she accepted and worked with to encourage herself to fight and help others to fight. Life is not over yet, just another journey through it. 3. I would recommend this book to anyone who believes in fighting for a great cause.....LIFE!!!!!! Very proud of you my girl!!!! Love cuz Marcy Marce

Being the first book by Collette, I think it's pretty good writing....so it means that the writer should continue to the next book, and next, next... :) Love the positive outlook that Collette has in life, which is more evident towards the end of the book!

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